

# 2018 Heart Health Resources

## Price List Order Form

### Five ways to order

1. Call the Heart Foundation's **Helpline 13 11 12**
2. Email your order form to [health@heartfoundation.org.au](mailto:health@heartfoundation.org.au)
3. Fax your order form to **1300 36 55 31**
4. Post your order form to Heart Foundation PO Box 7174 Hutt Street Adelaide SA 5000
  5. Order online – [https://heartfoundationshop.com/main\\_menu/](https://heartfoundationshop.com/main_menu/)  
(online orders over \$80 qualify for free delivery)

<b>2018 Heart Health resource order form</b>	<b>Size</b>	<b>Code</b>	<b>Unit price (GST incl)</b>	<b>Quantity</b>	<b>Subtotal</b>
<b>Bulk order discounts may apply to Heart Foundation heart health resources – refer page 5</b>					
<b>CONSUMER HEART HEALTH RESOURCES</b>					
Manage your heart & stroke risk - Consumer Resource	A4	NSF244	FREE (max. refer page 5)		\$
A Healthier Serve (Guide to healthier catering)	A5	CON-050.v2	1.05		\$
Angina	DL	CON-087.v4	0.60		\$
Atrial fibrillation	DL	CON-175-0617	0.60		\$
Be active every day <i>Tips to be more active, sit less and live longer</i>	DL	CON-072.v4-0617	0.60		\$
Bypass	A5	CON-086.v4	1.05		\$
Cardiac rehabilitation	DL	CON-108.v4-0617	0.60		\$
Cholesterol, triglycerides and heart disease	DL	CON-085.v4-0917	0.60		\$
Coronary angioplasty	DL	CON-008.v4	0.60		\$
Get the good eating habit	DL	CON-088.v4	0.60		\$
Heart attack	DL	CON-100.v6-0617	0.60		\$
Heart valve surgery	A5	CON-083.v5-0617	1.05		\$
How to have a healthy heart	DL	CON-014.v3	0.60		\$
Living well with chronic heart failure	A4	CON-035.v5	3.00		\$
Living everyday with my heart failure (Indigenous resource)	A4	CON-114	3.00		\$
Living well with heart failure (low literacy)	A4	CON-159.v2-0117	Free (freight is payable)		
High blood pressure <i>Understanding and managing your blood pressure</i>	DL	CON-059.v5-0617	0.60		\$
My heart my life	A5	CON-141.v5-0617	4.50		\$
My heart my life reply paid flyer form		CON-141-RPv2	FREE		
NAHU – Blood pressure (Indigenous resource)	DL	INF-082-c.v2	FREE (max. 50 per order)		\$
NAHU – Cholesterol (Indigenous resource)	DL	INF-084-C	FREE (max. 50 per order)		\$
NAHU – Heart attack (Indigenous resource)	DL	INF-085-C	FREE (max. 50 per order)		\$
NAHU – Nutrition (Indigenous resource)	DL	INF-086-C	FREE (max. 50 per order)		\$
NAHU – Obesity (Indigenous resource)	DL	INF-087-C	FREE (max. 50 per order)		\$
NAHU – Physical activity (Indigenous resource)	DL	INF-088-Cv2	FREE (max. 50 per order)		\$
NAHU – Smoking (Indigenous resource)	DL	INF-089-C	FREE (max. 50 per order)		\$
Smoking and your heart health	DL	CON-074.v5-0617	0.60		\$
<b>CPR RESOURCES</b>					
CPR (DRSABCD) Wallet card	Wallet	CON-115	0.30		\$
<b>HELPLINE RESOURCES</b>					
Helpline card (Patient) portrait	DL	CON-183-0917	FREE		
Helpline card (HP) landscape	DL	PRO-185-0917	FREE		
<b>HEALTH PROFESSIONAL RESOURCES</b>					
Absolute cardiovascular disease risk assessment – QRG	A4	NSF312	1.10		\$
Guidelines for the Diagnosis and Management of hypertension 2016	A4	PRO-167	FREE Limit 1 copy		
<b>PAGE 2 SUBTOTAL</b>					<b>\$</b>

<b>WARNING SIGNS RESOURCES</b>					
Warning Signs of a Heart Attack Fact sheet	A4	CON-075.v4	0.30*		\$
Warning Signs of a Heart Attack Fridge Magnet	A5	CON-076.v3	0.90*		\$
Warning Signs of a Heart Attack Wallet card	Wallet	CON-089.v4-0617	0.30*		\$
Warning Signs of a Heart Attack Fridge Magnet/Urban (Indigenous)	A5	CON-134-NAT-URB	FREE (max. 50 per order)		\$
Warning Signs of a Heart Attack Fridge Magnet/Remote (Indigenous)	A5	CON-134.v2-1017-REM	FREE (max. 50 per order)		\$
Warning Signs Poster Remote (General population)	A3	POS-051	2.00**		\$
Warning Signs Poster Remote (Indigenous)	A3	POS-052	2.00**		\$
<b>COOKBOOKS</b>					
BBQ & Grill Cookbook	23 x 21cm	BBQ-001	16.95		\$
CSIRO Baker IDI Diabetes Diet & Lifestyle Plan book	24 x 21cm	B-CSIRO-002	34.95		\$
CSIRO total wellbeing diet recipe book	24 x 21cm	B-CSIRO-003	34.95		\$
Baker IDI Blood Pressure Diet & Lifestyle Plan book	24 x 21cm	B-BAKERIDI-	34.95		\$
<b>SKIPPING ROPES</b>					
Skipping Rope – White handles	2.1m	ROP-005-2.1	6.05		\$
Skipping Rope – Red handles	2.6m	ROP-005-2.6	6.80		\$
Skipping Rope – Blue handles (out of stock; due late January 2018)	3.0m	ROP-005-3.0	6.95		\$
Skipping Rope – Yellow handles	5.0m	ROP-005-5.0	10.00		\$
Skipping Rope – Purple handles	9.0m	ROP-005-9.0	11.55		\$
Beaded Skipping Rope – Blue/White with Blue handles	2.5m	ROP-007-2.5	9.95		\$
Beaded Skipping Rope – Red/White with Red handles	2.8m	ROP-007-2.8	10.50		\$
Beaded Skipping Rope – Blue/White with Blue handles	3.1m	ROP-007-3.1	12.00		\$
Beaded Skipping Rope – Yellow/White with Yellow handles	4.9m	ROP-007-4.9	15.00		\$
Beaded Skipping Rope – Red/White with White handles	7.9m	ROP-007-7.9	18.00		\$
Skipping skills cards		JR-LIT-002-16	15.95		\$
<b>HEART FOUNDATION MERCHANDISE</b>					
Heart Foundation waist strap water bottle holder - Black	Waist 110cm	HF-WSBH.01	10.95		\$
Heart Foundation sling bag back pack – Red		HF-SB.01	19.95		\$
Heart Foundation Sport Cap (Red with White logo)		HF-APP-001	10.50		\$
Heart Foundation foldable drink bottle (with carabiner)		HF-F-001	4.50		\$
V neck T-shirt Ladies 'Make the invisible visible' (red)	8	HF-APP-006.00	19.95		\$
V neck T-shirt Ladies 'Make the invisible visible' (red)	10	HF-APP-006.01	19.95		\$
V neck T-shirt Ladies 'Make the invisible visible' (red)	12	HF-APP-006.02	19.95		\$
V neck T-shirt Ladies 'Make the invisible visible' (red)	14	HF-APP-006.03	19.95		\$
V neck T-shirt Ladies 'Make the invisible visible' (red)	16	HF-APP-006.04	19.95		\$
V neck T-shirt Unisex 'Make the invisible visible' (red)	SML	HF-APP-007.00	19.95		\$
V neck T-shirt Unisex 'Make the invisible visible' (red)	MED	HF-APP-007.01	19.95		\$
V neck T-shirt Unisex 'Make the invisible visible' (red)	LGE	HF-APP-007.02	19.95		\$
V neck T-shirt Unisex 'Make the invisible visible' (red)	XL	HF-APP-007.03	19.95		\$
Lapel pin – 'In memory of'	22mm wide	HF-M-002	6.00		\$
Lapel pin – red hearts	20mm wide	HF-M-003	6.00		\$
Lapel pin – 'From the heart' ribbon	19mm wide	HF-M-004	6.00		\$
<b>PAGE 3 SUBTOTAL</b>					\$

HEART FOUNDATION ORDER FAX: 1300 36 55 31

HEART FOUNDATION WALKING RESOURCES & MERCHANDISE					
HFW micromesh t-shirt (Want to join us?)	SML	HFW-APP-126.00	16.00		\$
HFW micromesh t-shirt (Want to join us?)	MED	HFW-APP-126.01	16.00		\$
HFW micromesh t-shirt (Want to join us?)	LGE	HFW-APP-126.02	16.00		\$
HFW micromesh t-shirt (Want to join us?)	XL	HFW-APP-126.03	16.00		\$
HFW micromesh t-shirt (Want to join us?)	2XL	HFW-APP-126.04	16.00		\$
HFW micromesh t-shirt (Want to join us?)	3XL	HFW-APP-126.05	16.00		\$
HFW micromesh t-shirt (Want to join us?)	5XL	HFW-APP-126.06	16.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	XS	HFW-APP-H-125.01	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	SML	HFW-APP-H-125.02	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	MED	HFW-APP-H-125.03	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	LGE	HFW-APP-H-125.04	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	XL	HFW-APP-H-125.05	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	2XL	HFW-APP-H-125.06	45.00		\$
HFW Contrast unisex hoodie Red/White stripe (sleeve)	3XL	HFW-APP-H-125.07	45.00		\$
HFW Podium Singlet Men's Red/white	SML	HFW-APP-S-122.00	18.00		\$
HFW Podium Singlet Men's Red/white	MED	HFW-APP-S-122.01	18.00		\$
HFW Podium Singlet Men's Red/white	XL	HFW-APP-S-122.03	18.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	10	HFW-APP-P-123.01	28.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	12	HFW-APP-P-123.02	28.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	14	HFW-APP-P-123.03	28.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	16	HFW-APP-P-123.04	28.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	18	HFW-APP-P-123.05	28.00		\$
HFW Verve Polo Shirt Ladies Red/white/Grey	20	HFW-APP-P-123.06	28.00		\$
HFW Verve Polo Shirt Men's Red/white/Grey	SML	HFW-APP-P-124.00	28.00		\$
HFW Verve Polo Shirt Men's Red/white/Grey	MED	HFW-APP-P-124.01	28.00		\$
HFW Verve Polo Shirt Men's Red/white/Grey	LGE	HFW-APP-P-124.02	28.00		\$
HFW Verve Polo Shirt Men's Red/white/Grey	XL	HFW-APP-P-124.03	28.00		\$
HFW Verve Polo Shirt Men's Red/white/Grey	3XL	HFW-APP-P-124.05	28.00		\$
HFW Walking program red tee - Unisex	SML	HFW-M-017.00	18.00		\$
HFW Walking program red tee - Unisex	MED	HFW-M-017.01	18.00		\$
HFW Walking program red tee - Unisex	LGE	HFW-M-017.02	18.00		\$
HFW Walking program red tee - Unisex	XL	HFW-M-017.03	18.00		\$
HFW Walking program red tee - Unisex	2XL	HFW-M-017.04	18.00		\$
HFW Walking program red tee - Unisex	3XL	HFW-M-017.05	18.00		\$
HFW Walking program red tee - Unisex	4XL	HFW-M-017.06	18.00		\$
HFW Walking program red tee – Ladies/round neck/scoop hem	10	HFW-M-018.00	18.00		\$
HFW Walking program red tee - Ladies/round neck/scoop hem	12	HFW-M-018.01	18.00		\$
HFW Walking program red tee - Ladies/round neck/scoop hem	14	HFW-M-018.02	18.00		\$
HFW Walking program red tee - Ladies/round neck/scoop hem	16	HFW-M-018.03	18.00		\$
HFW Walking program red tee - Ladies/round neck/scoop hem	18	HFW-M-018.04	18.00		\$
HFW heart loop grey singlet – Ladies scoop neck/straight hem	10	HFW-M-019.00	19.95		
HFW heart loop grey singlet - Ladies scoop neck/straight hem	12	HFW-M-019.01	19.95		\$
HFW heart loop grey singlet - Ladies scoop neck/straight hem	14	HFW-M-019.02	19.95		\$
HFW heart loop grey singlet - Ladies scoop neck/straight hem	16	HFW-M-019.03	19.95		\$
HFW heart loop grey singlet - Ladies scoop neck/straight hem	18	HFW-M-019.04	19.95		\$
HFW 'Lace up & go' slogan white tee - Unisex round crew neck	SML	HFW-M-020.00	24.95		\$
HFW 'Lace up & go' slogan white tee - Unisex round crew neck	MED	HFW-M-020.01	24.95		\$
HFW 'Lace up & go' slogan white tee - Unisex round crew neck	LGE	HFW-M-020.02	24.95		\$
HFW 'Lace up & go' slogan white tee - Unisex round crew neck	XL	HFW-M-020.03	24.95		\$
HFW 'Lace up & go' slogan white tee – Unisex round crew neck	2XL	HFW-M-020.04	24.95		\$
HFW 'Lace up & go' slogan white tee - Unisex round crew neck	3XL	HFW-M-020.05	24.95		\$
<b>SUBTOTAL THIS PAGE</b>					\$

HEART FOUNDATION ORDER FAX: 1300 36 55 31



## FREE RESOURCES AND BULK ORDER DISCOUNT

### Warning Signs \* \* \* \* \*

\* Limit of 100 FREE copies per order – hospitals, cardiac rehab clinics. Limit of 10 FREE to GP's rooms and other care facilities.

\*\* Limit of 10 FREE copies per order – hospitals, cardiac rehab clinics. Limit of 5 FREE to GP's rooms and other care facilities.

\*\*\* Limit of 10 FREE copies to health services and organisations to support Education program activities

**NB: Heart health resources (refer pg. 2)** following discounts for bulk orders may be applied to Heart Foundation heart health resources (only). **Bulk discount offer excludes the publication, My heart my life.**

Less than 500 units per heart health literature product code – price as shown in the order form applies

501 - 1000 units per product code            5% discount applies

1001 – 1500 units per product code        10% discount applies

1501 – 2500 units per product code        15% discount applies

2501> units per product code            20% discount applies

### Absolute Risk Consumer resource (refer pg.2)

Up to 10 copies supplied free of charge and free of postal charges

Orders over 10 copies supplied free of charge however postal charge to be paid by the consumer/health professional - \$7.00

Orders of up to 50 copies supplied free of charge however postal charge to be paid by the consumer/health professional - \$10.00

Bulk orders over 50 copies – \$1.05per copy plus applicable postage

DELIVERY DETAILS							
DATE OF ORDER			ORDER NO (if applicable)				
ORGANISATION NAME (if applicable)							
CONTACT NAME			E-MAIL				
STREET NO		STREET NAME			PO BOX		
SUBURB			STATE		POSTCODE		
TELEPHONE ( )			FAX ( )				

### Privacy Statement

Your Personal Information is being or has been collected by the Heart Foundation to facilitate services requested by you and /or to keep you informed about Heart Foundation related activities. We respect your privacy and embrace the principles contained in the Privacy Act. The Heart Foundation (we, us, our) is the National Heart Foundation of Australia and all associated Australian State and Territory Heart Foundation Divisions, full details of which can be found in our Privacy Notice. We may contact you in the future for the promotion of heart health messages and programs, research, fundraising purposes and invitations to events. If you attend our events you may be photographed or filmed and images &/or audio may be used in various mediums to promote the Heart Foundation. Please tell event staff if you do not wish to be photographed or filmed. Personal details may be provided to third parties where required by law or for the purpose of facilitating services contracted by us, in so doing your personal information may be disclosed to overseas recipients. Further information is available in our Privacy Notice or on request. Communications from us may include mail, email, social media, SMS or telephone contact and may also include messages on behalf of event sponsors and other third parties. By providing your information to us you agree that you have provided your indefinite consent to this contact. You may withdraw consent at any time though in doing so we may not be able to provide you with services requested. The Heart Foundation will not disclose your information to any third party for their marketing purposes.

If you do not want to receive further communication from us (other than information that relates to this service) or if you have any questions about privacy please contact our Privacy Officer via GPO Box 9966 in your capital city, [privacy@heartfoundation.org.au](mailto:privacy@heartfoundation.org.au) or by calling 1300 55 02 82. Our APP privacy policy is set out in our Privacy Notice and details how you may complain about privacy issues and how we would deal with that complaint. It also explains how you can access, correct or update information we hold about you. A copy of our Privacy Notice is available at [www.heartfoundation.org.au](http://www.heartfoundation.org.au) or on request. [HFPS01-140410-F]

### PAYMENT (Please note that payment is required prior to order dispatch)

**All order forms should be posted to: Heart Foundation, PO Box 7174, Adelaide SA 5000.**

If paying by Cheque/Money Order, please make payable to "Heart Foundation" and include with your order form.

If paying by Credit Card, please complete the details below and post to above address.

**In the interest of data security please do not fax or email your order if paying by credit card (Payment Card Industry Data Security Standard – (PCI DSS))**

**Credit Card**     Visa     Mastercard     AMEX     Diners

CARD NUMBER \_\_\_\_\_ EXPIRY DATE \_\_\_\_/\_\_\_\_

NAME ON CARD \_\_\_\_\_ SIGNATURE \_\_\_\_\_

TICK HERE IF YOU REQUIRE A TAX INVOICE TO ENABLE PAYMENT

<b>Postage&amp; handling</b>			
Rates shown are for standard shipment within Australia via Australia Post.			
Costs are based on the total value of the order placed. <b>However, if your order is too large to be sent Australia Post (maximum 22kgs), or if courier* or express delivery is required, please call 1300 30 56 58 for an accurate freight quote.</b>			
<b>Purchase value</b>	<b>Postage &amp; handling</b>	<b>Purchase value</b>	<b>Postage &amp; handling</b>
Subtotal = \$0	Free	Subtotal = \$250.01 - \$500	\$60.00
Subtotal = \$00.01 - \$25	\$9.00	Subtotal = \$500.01 - \$1,000	\$75.00
Subtotal = \$25.01 - \$50	\$12.00	Subtotal = \$1,000.01 - \$1,500	\$95.00
Subtotal = \$50.01 - \$75	\$18.00	Subtotal = \$1,500.01 - \$2,000	\$120.00
Subtotal = \$75.01 - \$100	\$25.00	Subtotal = \$2,000.01 - \$2,500	\$190.00
Subtotal = \$100.01 - \$175	\$35.00	Subtotal = \$2,500+	**POA
Subtotal = \$175.01 - \$250	\$45.00		
Notes: Please allow 10 to 14 days for your delivery.			
* Courier deliveries cannot be made to PO Boxes			
** Contact the Heart Foundation on 1300 30 56 58 for postage/freight rates on orders over \$2,500			

### Product purchase policy

Our goods come with guarantees that cannot be excluded under the *Australian Consumer Law*. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. <http://www.heartfoundation.org.au/important-info/Pages/merchandise-policy.aspx>

National Heart Foundation of Australia ABN 98 008 419 761